

School Success Secrets 6-12

Promote the positive characteristics your 6-12 grade child will need to succeed after high school.

IMAGINE the best version of your child at age 18. Who do you want them to be so they can thrive? What qualities do you want them to possess?

Confidence: *How are you showing your child you believe in them and trust them?*

Drive: *How are you allowing them to explore their own interests?*

Perseverance: *How often have you let them fail while encouraging them on the side?*

Independence: *Have you stopped monitoring school, allowed imperfection, and given them choice and control so they can find their own way?*

If your child is not displaying these qualities already, that usually means it's time for you to pull back.

Confidence: Give them a chance to do things outside of your comfort zone and let them know you believe in them; trust and accept them

Drive: Allow them chances to explore their own interests, even if that means they give up or decide they don't like it.

Perseverance: They must have opportunities to fail or make mistakes and recover without you stepping in; find the lesson in mistakes.

Independence: Let go of monitoring schoolwork as much as possible and instead set up goals and consequences together.

HOMEWORK!

1. Take some time (with your partner) to decide what qualities you'd like your child to have at age 18. Brainstorm ways you can pull back and allow them to develop these.
2. If this is a big change, have a conversation with your teen and let them know you have faith that they can do school themselves. Set up goals and plan how you can support those goals with structures and limits.