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# Managing Misbehavior

Manage misbehavior by providing needs instead of gaining (or giving up) control.

## 1. WHY? Misbehavior matches with a missing need.

Don't take misbehavior personally! Instead look at it as a CLUE to an unmet need. How the misbehavior makes YOU feel is similar to how THEY feel.

**BELONGING**

<b>CONNECTION</b> attention-seeking; annoyed
<b>RESPECT</b> hurt-seeking; hurt
<b>ENCOURAGEMENT</b> avoidance-seeking; hopeless

**BOUNDARIES**

<b>ESTABLISH</b> rule-breaking; baffled
<b>ENFORCE</b> limit-pushing; exasperated
<b>RECIPROCATE</b> power-seeking; challenged

## 2. HOW? Follow the Four P's

**PAUSE** to breathe and **shift power**; notice **behavior clues** and your **feelings**.

**PINPOINT** the **missing need**.

**PRESCRIBE** a **momentary need** to subside misbehavior and/or

**PROVIDE** the **ongoing need** to prevent future misbehavior.

Misbehavior is a clue that either the Foundation (Belonging) or Structure (Boundaries) needs maintenance.

## 3. HOMEWORK!

Thinking back to the issue that causes the most friction with your children, practice the Four Ps, and see if you can identify a **Belonging** or **Boundary** need that could alleviate the misbehavior (go back to the Pod 3 worksheet for specifics of the 6 Belonging and Boundary needs)